

FOR IMMEDIATE RELEASE

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"Julie Clark Robinson is at her best when shining her wise and witty light into the dusty corners and storm clouds of everyday life, revealing the treasures and rainbows that hide there."
—Colleen Sell, author of *Ten-Minute Zen* and *A Cup of Comfort* book series



Celebrate August, Live in the Moment Style!

Chapter 3

Would you Wear Wallpaper?

(Surround Yourself Only with People who Make You Feel Good.)

Chapter 10

Put Yourself Smack in the Middle of the Dream

(Visualizing the Life You Want Might Just Get You There.)

The dog days of summer should be carefree -- something to remember the rest of the year as the pace picks back up and the winds start to blow. Live in the Moment is full of insights and actions that can help your audience celebrate all that August has to offer:

Admit You're Happy Month – August

The holiday that was created by the Secret Society of Happy People to “discourage parade-raining” is right up the ally of author, Julie Clark Robinson. In her Introduction, Robinson writes, *“I honestly believe that happiness can be created, it’s not merely bestowed on us like good hair or evenly descending toes.”* In her Epilogue, she concludes, *“...I want the world to have an abundance of downright giddy people bouncing around...”*

Girlfriend’s Day – August 1

The interactive section of Chapter 3 encourages readers to not only identify the special friends in their lives, but to pick up the phone and make a date to spend time together.

Simplify Your Life Week – August 1-7

Robinson believes that clutter, emotional or tangible, is a roadblock to the kind of happiness that we can create for ourselves if only we are willing to dig out from beneath it. Robinson shares her “funeral test” with readers when determining which people in their lives add value, and which ones *“suck the air out of the room.”*

Live in the Moment is more than a book title, it’s a compelling interview, a workshop, a presentation and a way of life. For more information visit www.julieclarkrobinson or contact the author at jrobinson@adelphia.net

Note: All above holidays are according to Chase’s Calendar of Events.